**Purton Surgery**

**Information and Consent for Nexplanon Contraceptive Implants**

Nexplanon is a highly effective method of preventing pregnancy ( less than 1:1000 women fall pregnant using this method). Nexplanon is a form of hormonal contraception (progesterone only contraception). It works mainly by preventing the release of an egg (ovulation).

It is licensed to work as a contraceptive device for three years after insertion. Although it can be removed earlier by request. After removal of Nexplanon the hormone contained within the rod becomes undetectable after a couple of days allowing the patient to go back to her usual state of fertility. After this time it will need to be replaced or an alternative form of contraception will need to be used.

It is the patient’s responsibility to keep this date safe, particularly in case of moving surgery before the Nexplanon is due to be changed.

Nexplanon has a variable effect on the periods after insertion. 20% patients have no bleeding with this method. In 50% women, the periods may be infrequent, frequent or prolonged. Some hormonal effects due to the small amount of hormone in the Nexplanon have been recorded including spots, mood changes, breast tenderness, and headaches, although it is usually very well tolerated.

A small amount of local anaesthetic will be injected to numb the skin before the implant is inserted into the arm. A tiny scar may form at the site of insertion. There is a risk of bruising, which is temporary, and a very small possibility of infection at the site of insertion. A pressure bandage will be applied to reduce bruising after insertion of the device which can be removed after 24 hours.

The device will need to be removed by a minor procedure involving local anaesthetic injection to numb the skin and a tiny incision (cut) through which the device can be removed. This may result in a small scar.

After insertion the clinician will ask that you feel the device is in situ. You should check periodically over the 3 years you have the device that is palpable, if you cannot feel the device you should seek medical advice from your GP or family planning clinic

I have read the above and consent to the insertion/removal of the Nexplanon device as described above.

Additional contraception has been advised for seven days after insertion/ removal/ replacement of Nexplanon: (delete if not applicable)

NAME…………………………………………………………..

SIGNATURE……………………………………………………

DATE………………………………………………………………

CLINICIAN NAME………………………………………………………………

DATE…………………………………………………………………

Signature of Clinician

performing the procedure.………………………………………………………………………..

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